

Upper Extremity Program



These are a few examples of different diagnoses that Occupational Therapy (OT) staff could treat regarding Upper Extremity Injuries/Surgeries

- Fractures (Fingers, Wrist, Elbow, Shoulder)
- Tendonitis (Wrist, Elbow-“tennis elbow”)
- Tendon Injury
- Joint Replacements (Fingers, Elbow)
- Joint Dislocations
- Sprain (Fingers, Wrist)
- Pain (Fingers, Wrist, Elbow, Shoulder)
- Carpal Tunnel syndrome
- Arthritis

The therapist will determine the appropriate course of treatment to be provided on an individual basis. Post surgical patients will be treated within the protocol provided by the prescribing physician. Treatment options vary but may include:

Swelling

Pain

Range of Motion

Strength

Functional Use of Upper Extremities

Helping patient to complete work tasks

based on diagnoses of each patient.

**Wythe
Rehabilitation
Therapy Services**



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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-276-228-0200.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-276-228-0200 번으로 전화해 주십시오.