Evaluation and treatment of various diagnoses that may require strengthening, gait, and balance training include:

- Age related debility
- CVA/TIA
- Multiple sclerosis
- Diabetic neuropathy
- Peripheral neuropathy
- Cerebral palsy
- Post-surgical conditions
- Generalized weakness
- Ataxia
- Spinal cord injuries
- Amputations
- Parkinson disease
- COPD
- Osteoarthritis
- Rheumatoid arthritis
- ALS
- Fibromyalgia
- Hypertension
- Orthostatic hypotension
- Vestibular disorders

The therapist will determine the appropriate course of treatment to be provided on an individual basis according to the patient needs.