These are a few examples of different diagnoses that Occupational Therapy (OT) staff could treat regarding Upper Extremity Injuries/Surgeries:

- Fractures (Fingers, Wrist, Elbow, Shoulder)
- Tendonitis (Wrist, Elbow-“tennis elbow”)
- Tendon Injury
- Joint Replacements (Fingers, Elbow)
- Joint Dislocations
- Sprain (Fingers, Wrist)
- Pain (Fingers, Wrist, Elbow, Shoulder)
- Carpal Tunnel syndrome
- Arthritis

The therapist will determine the appropriate course of treatment to be provided on an individual basis. Post surgical patients will be treated within the protocol provided by the prescribing physician. Treatment options vary but may include:

- Swelling
- Pain
- Range of Motion
- Strength
- Functional Use of Upper Extremities
- Helping patient to complete work tasks

Based on diagnoses of each patient.