The following are examples of common diagnoses seen by physical and occupational therapy:

- Shoulder impingement
- Adhesive capsulitis
- Humeral/clavicular/scapular fractures
- Osteoarthritis
- Pre/post-operative rotator cuff repair
- Humeral dislocations
- Humeral subluxations
- SLAP lesion repairs
- Bankhardt repairs
- Joint replacement
- Various inflammatory conditions such as tendonitis and bursitis

The PT or OT will determine the appropriate course of treatment to be provided on an individual basis. Post-surgical patients will be treated within the protocol provided by the prescribing physician. Treatment will vary according to the diagnosis of each patient.