Evaluation and treatment of various mid to upper back and cervical diagnoses including:

- Fusions
- Discectomies
- Disc derangements/disc herniations
- Degenerative disc disease
- Sprain/strain
- Muscle spasm
- Postural syndrome
- Mechanical dysfunction
- Adherent nerve root
- Thoracic outlet syndrome
- Zygopophaseal/facet arthritis
- Stenosis
- Scoliosis
- Scapular dysfunction
- Myofascial pain syndrome
- Fibromyalgia
- Cervicogenic headache
- Compression fracture
- TMJ dysfunction
- Spinal cord injuries

Modalities/treatment options including:

- Therapeutic exercises with McKenzie/MDT training
- Muscle energy techniques
- Craniosacral therapy
- EStim
- Ultrasound
- Mechanical traction
- Manual therapy
- Joint mobilization
- Cryotherapy
- Biofeedback
The therapist will determine the appropriate course of treatment to be provided on an individual basis according to the patient needs. Post-surgical patients will be treated within the protocol provided by their prescribing physician.