

Cervical & Thoracic Programs



Evaluation and treatment of various mid to upper back and cervical diagnoses including:

- Fusions
- Discectomies
- Disc derangements/
disc herniations
- Degenerative disc disease
- Sprain/strain
- Muscle spasm
- Postural syndrome
- Mechanical dysfunction
- Adherent nerve root
- Thoracic outlet syndrome
- Zygapophyseal/
facet arthritis
- Stenosis
- Scoliosis
- Scapular dysfunction
- Myofascial pain syndrome
- Fibromyalgia
- Cervicogenic headache
- Compression fracture
- TMJ dysfunction
- Spinal cord injuries

Modalities/treatment options including:

- Therapeutic exercises with
McKenzie/MDT training
- Muscle energy techniques
- Craniosacral therapy
- EStim
- Ultrasound
- Mechanical traction
- Manual therapy
- Joint mobilization
- Cryotherapy
- Biofeedback

The therapist will determine the appropriate course of treatment to be provided on an individual basis according to the patient needs. Post-surgical patients will be treated within the protocol provided by their prescribing physician.



This facility and its affiliates comply with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-276-228-0200.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-276-228-0200 번으로 전화해 주십시오.