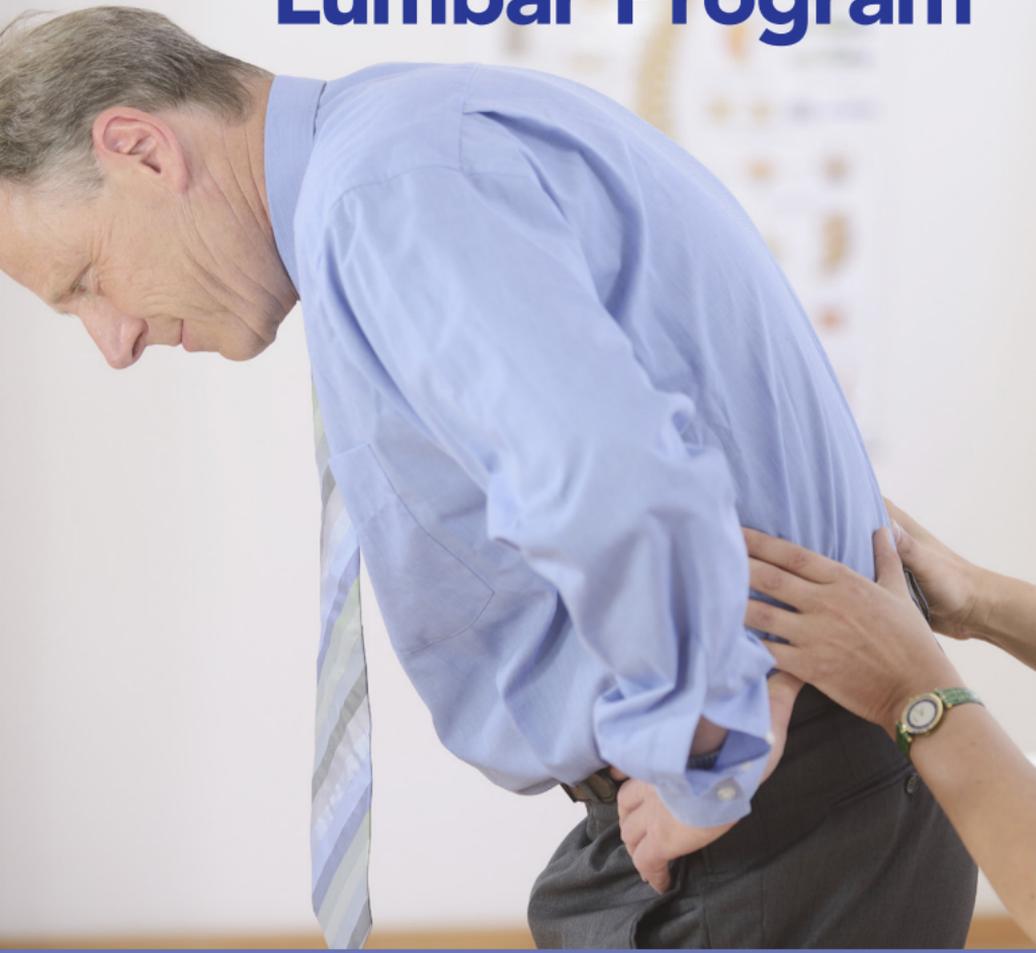


Lumbar Program



Evaluation and treatment of various low back diagnoses including:

- Laminectomy
- Discectomy
- Fusions
- Disc derangements/
disc herniations
- Degenerative disc disease
- Sciatica
- Sprain/strain
- Postural syndrome
- Mechanical dysfunction
- Adherent nerve root
- Zygapophyseal/
facet arthritis
- Stenosis
- SI joint/pelvic girdle
dysfunction
- Instability
- Spondylosis
- Spondylolisthesis
- Pelvic floor dysfunction
- Scoliosis
- Myofascial pain syndrome
- Fibromyalgia
- Ankylosing spondylitis

Modalities/treatment options including:

- Therapeutic exercises
- Muscle energy techniques
- Electrical stimulation
- Ultrasound
- Mechanical traction
- Manual therapy
- Joint mobilization
- Cryotherapy
- Biofeedback

The therapist will determine the appropriate course of treatment to be provided on an individual basis according to the patient needs. Post-surgical patients will be treated within the protocol provided by their prescribing physician.

For more information,
call **276.228.4444**

**Wythe
Rehabilitation
Therapy Services**



This facility and its affiliates comply with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-276-228-0200.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-276-228-0200 번으로 전화해 주십시오.