Evaluation and treatment of various low back diagnoses including:

- Laminectomy
- Discectomy
- Fusions
- Disc derangements/disc herniations
- Degenerative disc disease
- Sciatica
- Sprain/strain
- Postural syndrome
- Mechanical dysfunction
- Adherent nerve root
- Zygopophyseal/facet arthritis
- Stenosis
- SI joint/pelvic girdle dysfunction
- Instability
- Spondylosis
- Spondylolisthesis
- Pelvic floor dysfunction
- Scoliosis
- Myofascial pain syndrome
- Fibromyalgia
- Ankylosing spondylitis
Modalities/treatment options including:

- Therapeutic exercises
- Muscle energy techniques
- Electrical stimulation
- Ultrasound
- Mechanical traction
- Manual therapy
- Joint mobilization
- Cryotherapy
- Biofeedback

The therapist will determine the appropriate course of treatment to be provided on an individual basis according to the patient needs. Post-surgical patients will be treated within the protocol provided by their prescribing physician.

For more information, call 276.228.4444