



## **COVID-19 Updated Visitor Guidelines for Wythe Women's Center—\*Updated 10/1/2023**

To control the spread of illness, our facility has adopted modified visitor policies for our unit. Here in the Women's Center, we are allowing patients to have **1 designated support person** for the duration of your stay with us. This support person must remain as the same person throughout your stay. This is a patient safety element we as a facility have deemed necessary to ensure the health of our mothers and newborns.

\*Laboring patients are allowed to have 2 support persons present for labor and delivery if desired.

You will be allowed to have up to four (4) designated visitors during the \*postpartum period, after your delivery.

These persons must be designated at the beginning of your stay and cannot be changed.

Designated visitors are asked to wait at least 1 hour after delivery before visiting. This is to allow for mother and baby to be stabilized and allow for the "Golden Hour" of bonding.

\*You may have 2 visitors at a time in your room, other than your support persons, *\*during the specific visiting hours* after your delivery.

\*Visitors may only visit one time per day.

\*Siblings are allowed to visit if accompanied and supervised by an adult that is not the patient or designated support person. Siblings are not counted as a visitor.

### Your designated visitors must:

- Be >18 years of age (\*no children other than siblings are allowed to visit)
- Be free of any signs or symptoms of illness (i.e. coughing, fever, nasal congestion, vomiting, etc.)
- Have NO known exposure to person(s) positive with COVID-19, Flu, or other communicable viruses
- Be screened at time of entry to hospital for fever, prior to arriving to Women's Center

### **\*Women's Center Visiting Hours: 10:00am – 2:00pm & 5:00pm – 9:00pm.**

We appreciate your compliance with our visiting times.

We do request that your designated support persons limit their coming and going, in and out of Women's Center. I understand this may be inconvenient, but each time someone leaves the facility, there is a chance they can encounter someone infected by the COVID-19 virus (even if they don't appear to have symptoms) and bring it back to our new mothers and babies. Your designated support person will receive a meal voucher for breakfast and lunch to use in our cafeteria. A guest tray can be provided for supper if needed while they are here. We encourage that you and your support person bring snacks with you if desired. Vending machines are available to you in Women's Center. We also provide a dorm size refrigerator in each of our patient rooms and have a microwave available for use.

We also ask that you or your visitors do not walk through other departments in the hospital. We need to limit patient and visitor movement throughout the facility to better protect our moms and babies. In addition, please be reminded that Wythe County Community Hospital is a non-smoking/tobacco free campus. We respectfully ask that you not use tobacco or vaping products here at our hospital. **Patients (mothers) will not be allowed to leave Women's Center until time of discharge \*of newborn.** Thank you in advance for your understanding and cooperation with this policy. And thank you for trusting us to care for you and your family. Our primary concern is the health and safety of our patients. If you have any questions, please let your nurse know, and I, or the House Supervisor will be glad to come talk with you.